The Captain Howey ~ Starters~

Crispy salt and pepper squid Served with garlic aioli and salad garnish £8.95 Portobello mushroom topped with an apricot and goat cheese crumb Served with a tomato and red onion salsa (gf & v) £8.95 Rosemary and garlic baked camembert Served with crusty dipping bread and red onion chutney (v & gf) £9.95 Roasted BBQ chicken wings with BBQ sauce (gf)£8.95 Smooth chicken liver pate with spiced fig Chutney Served with crispy bread shards (gf) £8.95 Chef's homemade soup of the day

~Mains~

Chestnut mushroom and spinach risotto, finished with cream and parmesan cheese

Served with a baked garlic ciabatta (gf & ve)£15.50

Chicken Forestiere

Served with Layonnaise potatoes and seasonal vegetables (gf) £16.45

Pan fried Lamb's liver, bacon and onion gravy

Served on creamy mash potato, peas and roasted tomato (gf) £15.50

Luxury fish pie topped with Cheesy mash

Served with a seasonal vegetables (gf) £17.00

Cider braised pork loin steaks with creamy peppercorn sauce

Served with crushed new potatoes and seasonal vegetables (gf) £17.00

The Captain Howey

~Light Bites~

Three egg omelette

served with salad garnish and French fries (gf) Choice of two toppings - bacon, cheese, mushrooms, tomato or onion **£10.45**

Philly steak bap

Pan friend steak with mushrooms, onions and Emmental cheese Served with fries and house slaw £12.95

Whole tail breaded Scampi and chunky chips

served with tartar sauce, salad or peas £12.45

Grilled flatbread with humous or balsamic reduction and olive oil (v)£5.45

Spicy coated chicken burger with cheese and bacon

Served with fries and house slaw (v) £14.45

~Wraps and baguettes~

All served with fries and house slaw all £10.45

Jumbo fish finger

with crisp lettuce and tartar sauce

Sausage and onion

Spicy coated chicken strips

With garlic mayo and sweet chilli sauce

Roasted peppers, warm halloumi and pesto mayonnaise

~Sides~

Garlic ciabatta **£4.00** Chunky chips or fries **£4.50** Onion rings **£4.50**